

# TITLE PAGE

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**Title:**

**A possible role of COVID-19 therapy in the selective sweep and emergence of new SARS-CoV-2 variants**

**Short title:**

**COVID-19 therapy and selection of SARS-CoV-2 variants**

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## SUMMARY

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Since summer 2020, SARS-CoV-2 strains at the origin of the COVID-19 pandemic have suddenly been replaced by new SARS-CoV-2 variants, and some of which are highly transmissible and spread at high rate. These variants include the Marseille-4 lineage (Nexstrain clade 20A.EU2) in Europe, the 20I/501Y.V1 variant first detected in the UK, the 20H/501Y.V2 variant first detected in South Africa, or the 20J/501Y.V3 variant first detected in Brazil. These variants are characterized by multiple mutations that particularly affect the viral spike domain involved in host cell surface receptor binding and targeted by neutralizing antibodies elicited in response to infection or vaccine immunization. The usual coronavirus mutation rate cannot account alone through genetic drift for such rapid changes. Recent reports of the occurrence of such mutations in immunocompromized patients who received remdesivir and convalescent plasma or monoclonal antibodies to treat prolonged SARS-CoV-2 infections led us to hypothesize that experimental therapies that fail to cure the patients from COVID-19 could favor the emergence of immune escape SARS-CoV-2 variants. We review the data that support this hypothesis and urge physicians and clinical trial promoters to systematically monitor viral mutations by whole-genome sequencing for patients who are administered these treatments.

## TEXT

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Since the start of the COVID-19 pandemic, whole-genome sequencing approaches have made it possible to demonstrate that SARS-CoV-2 variants have gradually replaced the original "Wuhan-Hu-1 strain". Since July 2020, these variants have caused several overlapping or successive epidemic waves, and some of them have become the majority strains in different geographical areas (**Figure 1**). This is the case of the Marseille-4 lineage (Nexstrain clade 20A.EU2) in Southern France and some parts of Europe<sup>1</sup>, and of variants 20I/501Y.V1 (Pangolin lineage B.1.1.7) in the United Kingdom<sup>2,3</sup>, 20H/501Y.V2 (lineage B.1.351) in South Africa<sup>4</sup>, and 20J/501Y.V3 (lineage B.1.281.1) in Brazil<sup>5</sup>. Compared to the original Wuhan-Hu-1 strain, these variants harbor multiple non-synonymous mutations in their genomes, including some causing amino acid substitutions in the spike glycoprotein (S) that interacts with the ACE2 cellular receptor and is the target of neutralizing antibodies<sup>6,7</sup>. Until autumn 2020, SARS-CoV-2 genetic diversity was most often deemed to be low, as reported in the study of 27,977 SARS-CoV-2 genomes from 84 countries<sup>8</sup> or in analyzes suggesting that the diversity in the surface glycoproteins of influenza A viruses was 437-fold greater than that measured in the SARS-CoV-2 spike<sup>9</sup>. Thereby, the rapid emergence of several SARS-CoV-2 strains with increased number of mutations, particularly in the spike-encoding gene, that has been reported in some recent observations<sup>10-12</sup>. (**Table 1**) questions whether an event (e.g., genetic or ecologic) has occurred which may have modified the virus replication process or the host-dependent virus selection, to promote and spread variant viruses more transmissible than the previously-circulating strains and capable of escaping immune responses in some cases<sup>2,4,13</sup>. It raises fear of an over-amplification of the pandemic worldwide. Of particular concern are the mutations within the viral spike that attaches the virion to the ACE2 cell-surface receptor<sup>14</sup> and serves as major target for neutralizing antibodies<sup>7, 15</sup>.

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68 **Mutations in the spike associated with a risk of neutralizing immune response escape**

69 Several mutations in the spike protein, including those in its receptor binding domain (RBD;  
70 amino acids 333 to 527 of the spike) that binds to ACE2, increase the affinity of the trimeric  
71 form of this spike to ACE2 and thus increase viral replication or worsen viral cytopathic  
72 effects<sup>16</sup>. In addition, some were reported to reduce the sensitivity to anti-SARS-CoV-2  
73 antibodies<sup>17,18</sup>. The variants that we detected in July 2020 and named Marseille-4 (later  
74 classified as Nextstrain clade 20A.EU2)<sup>19</sup>, harbor amino acid substitution S477N located in  
75 the spike RBD<sup>1, 19-20</sup>. This substitution was reported to confer resistance to neutralization to  
76 multiple monoclonal antibodies<sup>13</sup>. Regarding the rapidly-spreading SARS-CoV-2 variants  
77 from the United Kingdom (20I/501Y.V1) and South Africa (20H/501Y.V2), both harbor a  
78 substitution N501Y in the RBD that increases affinity to ACE2<sup>3-6</sup>, plus six additional  
79 substitutions including P681H for the 20I/501Y.V1 variant<sup>3</sup>, or K417N and E484K for the  
80 20H/501Y.V2 variant<sup>4</sup>, which reduce the sensitivity to anti-SARS-CoV-2 antibodies<sup>17,18</sup>.  
81 Beyond, these mutations can lead to immune escape, as shown in several *in vitro* studies<sup>6,12-  
82 13,17-18</sup>. Accordingly, beyond the uncertainty that remains about the duration of protective  
83 immune response against SARS-CoV-2 after a first episode of infection, a major concern  
84 comes from the appearance of amino acid changes in the spike of new variants. Genomic  
85 evidences of SARS-CoV-2 reinfections with 20I/501Y.V1, 20H/501Y.V2, and 20J/501Y.V3  
86 variant were documented<sup>21-23</sup>. Regarding for instance the first of these reports, it involved a  
87 78-year-old man with type-2 diabetes mellitus, diabetic nephropathy on haemodialysis and  
88 chronic obstructive pulmonary disease in the UK<sup>21</sup>. This patient was diagnosed with SARS-  
89 CoV-2 during the first episode of the pandemic and exhibited mild illness. Then, 8 months  
90 later, he was reinfected with the 20I/501Y.V1 variant as documented by whole-genome  
91 sequencing, which caused a critical illness. In addition, we observed in our institute the case

92 of several patients who had been infected in March-April 2020, then experienced clinical  
93 recovery and viral clearance as documented by qPCR negativity, but were infected again  
94 during summer 2020 or later with a Marseille-4 variant that carries the S477N substitution in  
95 the spike<sup>24</sup>. Such clinical observation of reinfection with a Brazilian variant is corroborated by  
96 the observation that culturing *in vitro*, in presence of neutralizing plasma, a SARS-CoV-2  
97 isolate sensitive to highly-neutralizing plasma from a COVID-19 convalescent patient, was  
98 associated with the occurrence of a deletion of amino acid F140 in the N-terminal domain  
99 (NTD, loop N3) of the spike after 45 days, and of the E484K substitution after 73 days,  
100 followed by an insertion in the NTD, loop N5<sup>25</sup>. Computational modeling was also reported to  
101 predict that such variant should escape neutralization antibodies<sup>25</sup>. Furthermore, such  
102 mutations could make the vaccine approach less effective or even harmful through the  
103 generation of antibody-dependent enhancement of viral uptake through binding to Fc or  
104 complement receptor-bearing cells<sup>26</sup>.

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### 106 **Intriguing high error rate in the new SARS-CoV-2 variants**

107 We can wonder about the mechanisms of emergence and selection of these new highly  
108 transmissible SARS-CoV-2 variants. SARS-CoV-2, like other coronaviruses and RNA  
109 viruses, is evolving according to the quasi-species (mixtures of different viral populations)  
110 model characterized by continuous genetic variation as a result of a high error rate of RNA-  
111 dependent RNA polymerase (RdRp)<sup>27,28</sup>. Under positive selective pressure from the host,  
112 spontaneously-generated mutations can be selected, leading to the emergence of variant  
113 viruses able to escape the host's defense mechanisms<sup>29</sup>. These variants are strains that differ  
114 from all others by a set of several mutations, and have reached a detectable population size.  
115 Among RNA viruses, coronaviruses appear to be quite complex since they have the largest  
116 genome (almost 30,000 bases). They harbor two characteristics that allow them to maintain

117 such large genome<sup>30,31</sup>: a RdRP with a proofreading activity (conferred by the Nsp14  
118 exoribonuclease) and a homologous recombination mechanism associated with replication.  
119 This should prevent high mutation rates and deleterious mutations through the corrective  
120 action of Nsp14 that is able to remove nucleoside analogues after their incorrect insertion into  
121 the nascent RNA<sup>30</sup>. Although the capacity of SARS-CoV-2 to evolve under the host's  
122 immune pressure remains to be further characterized, this virus is likely to have a reduced  
123 tolerance to genetic drift in order to maintain the integrity of its large RNA genome, under the  
124 action of its Nsp14 exonuclease that counteracts the low RdRP fidelity<sup>31</sup>. As a result, the  
125 recent emergence of some variants with large sets of mutations is surprising and difficult to  
126 explain without evoking a particular induction and selective pressure. It can either result from  
127 a natural origin (such as an intra-host species evolution under the immune response pressure  
128 or a change in species before reintroduction into humans) or be induced by a therapy (such as  
129 an antiviral therapy inducing escape variants, as previously reported decades ago for AIDS  
130 monotherapy<sup>32</sup>).

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### 132 **Selection of highly transmissible variants: 'natural hypothesis'**

133 A first hypothesis for the emergence and selection of new SARS-CoV-2 variants, the 'natural  
134 hypothesis', is linked to the selective pressure of the host's immune system. In this model, if  
135 the virus is exposed to the host's immune response including neutralizing and non-  
136 neutralizing antibodies, this can select for spike variants among the viral quasi-species<sup>27</sup>. One  
137 SARS-CoV-2 variant with substitution D614G in the spike, which increases the stability of S  
138 trimer complex and renders the virus more infectious, progressively increased in prevalence  
139 worldwide and was almost the only variant since the epidemic onset in Europe<sup>33</sup>. It  
140 corresponds to the selection of a new beneficial mutation that increases its frequency and  
141 fixes it in the population<sup>34</sup>. It has been for instance reported that functional SARS-CoV-2

142 spike variants with mutations in the RBD and N-terminal domain that confer resistance to  
143 monoclonal antibodies or convalescent plasma can be selected *in vitro*<sup>35</sup>. In another work, Li  
144 et al. studied the infectivity and reactivity to neutralizing antibodies and convalescent  
145 patients' sera of 106 SARS-CoV-2 spike mutants including 26 with deletions at putative N-  
146 linked glycosylation sites, and they identified changes in infectiousness and sensitivity to  
147 neutralizing antibodies, including resistance in some cases<sup>36</sup>. In addition, Thomson et al.  
148 reported that the natural spike variant N439K can escape antibody-mediated immunity while  
149 maintaining fitness<sup>37</sup>.

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### 151 **Selection of highly transmissible variants: 'interventionist therapy hypothesis'**

152 A second hypothesis to explain the emergence and selection of new SARS-CoV-2 variants,  
153 the 'interventionist therapy hypothesis', is linked to the selective pressure of treatments. In  
154 order to treat severe COVID-19, some patients received immunoglobulin-based  
155 immunotherapy with hyper-immune sera from convalescent COVID-19 patients<sup>10-11, 38</sup> (**Table**  
156 **1**). However, a study reported that of the sera from 26 patients who recovered from COVID-  
157 19 and exhibited high titers of anti-SARS-CoV-2 immunoglobulins, only 3 effectively  
158 blocked the binding of the SARS-CoV-2 spike protein to ACE2<sup>39</sup>. Studies by Greaney et al.  
159 and Liu et al. also reported that neutralization of spike harboring changes at some amino acid  
160 positions, including positions 484, 456 and 477, had decreased sensitivity to convalescent  
161 serum antibodies<sup>6,13</sup>. Recent *in vitro* results from Andreano et al.<sup>25</sup> also suggested that SARS-  
162 CoV-2 can evade suboptimal concentrations of neutralizing antibodies. These authors  
163 reported that after 45 days of culture (6 subcultures) of wild-type SARS-CoV-2 with serial  
164 two-fold dilutions of neutralizing plasma, a variant with several spike mutations among which  
165 the E484K substitution emerged, and resisted high levels of neutralizing antibodies.  
166 Weisblum et al. also reported the selection of SARS-CoV-2 with mutations in the spike RBD

167 by culturing in presence of convalescent plasma<sup>35</sup>. In addition, it was reported that 15 patients  
168 with hematological malignancies, one patient with multiple sclerosis and one patient with  
169 common variable immune deficiency, who had prolonged COVID-19 symptoms, improved  
170 their clinical symptoms and showed decreased SARS-CoV-2 RNA load between 7 and 14  
171 days after receiving 4 units of COVID-19 convalescent plasma therapy (some of them having  
172 also received remdesivir)<sup>40</sup>. However, 5 of these patients remained positive for SARS-CoV-2  
173 on nasopharyngeal swab, and unfortunately their viruses were not monitored by whole-  
174 genome sequencing and information regarding the possible selection of variants is therefore  
175 missing. Besides, the 20H/501Y.V2 and 20J/501Y.V3 variants were reported to escape from  
176 therapeutic antibodies and antibodies elicited by infection and vaccine immunization<sup>41</sup>. These  
177 data indicate that administration of sera from convalescent patients may favor the emergence  
178 of SARS-CoV-2 variants evading the immune response.

179 Also worth noting are the cases of patients who received the antiviral nucleoside (adenosine)  
180 analogue prodrug GS-5734, remdesivir, which sterically interacts with the viral Nsp12/RdRp  
181 to induce delayed chain termination<sup>42</sup>. The structure of the SARS-CoV-2 Nsp12/RdRp in  
182 complex form with Nsp7 and Nsp8, the template primer RNA, remdesivir, and Mg<sup>2+</sup> ions was  
183 determined recently<sup>43</sup>. Only low-level resistance to remdesivir has been observed *in vitro*, in  
184 association with 2 amino acid substitutions (F480L and V557L) in the Nsp12/RdRp<sup>44</sup>, while  
185 RdRp substitution D484Y has been observed *in vivo* in association with treatment failure<sup>45</sup>.  
186 This corroborates the observation that under subclinical concentrations of remdesivir, a  
187 variant of Ebola virus emerged with a single F548S substitution that confers fourfold to  
188 fivefold reduced susceptibility to remdesivir<sup>46</sup>. This mutation lies in the F-motif of the RdRp  
189 active site where mutations that confer remdesivir resistance occur in coronaviruses. A  
190 mechanism of action similar to that of remdesivir has been reported for the prodrug T-705  
191 (favipiravir), a drug that is orally administered and reported to inhibit SARS-CoV-2 by lethal

192 mutagenesis escaping the coronavirus repair machinery<sup>47</sup>. Similarly, the ribonucleoside  
193 analog NHC/EIDD-2801 antiviral activity is associated with increased viral mutation rates<sup>48</sup>.  
194 Altogether, these results suggest that nucleoside analog prodrugs may increase the mutation  
195 frequency of SARS-CoV-2, allowing the emergence of fast-spreading SARS-CoV-2 variants.  
196 Interestingly, remdesivir may also interact with and hinder the action of the Nsp14  
197 exonuclease that has proofreading activity and excises mis-incorporated nucleotides<sup>49</sup>.  
198 Therefore, remdesivir could shut down the correcting activity and increase the mutation rate.  
199 A mutagenic effect was also predicted for remdesivir<sup>50</sup>. Remdesivir is an analog of adenine  
200 and is believed to compete with adenine triphosphate (ATP) during the viral replication. The  
201 mechanism of action of this molecule could lead to (i) RNA chain termination; (ii) non-  
202 obligate chain termination with modification of neighboring side chain; or (iii) delayed chain  
203 termination. Both non-obligate chain termination and delayed chain termination have been  
204 proposed for remdesivir<sup>51-53</sup>. In addition, it was reported that tautomers (structural isomers  
205 that differ from one another regarding the position of protons and double bonds) of RNA  
206 bases could play a crucial role in mutagenesis<sup>54</sup>. Adenine has the ability to adopt amino and  
207 imino tautomeric forms involving the exocyclic group at the 6-position. In Jena's article<sup>50</sup>, the  
208 role of different tautomers in their base-pairing abilities was studied to further understand the  
209 role of remdesivir in the generation of mutations. It was found that remdesivir can adopt both  
210 amino and imino tautomeric conformations to base-pair with RNA bases. While the insertions  
211 of G and U appeared as preferred pairs against the amino tautomers of this drug, the insertion  
212 of C is mainly possible against the imino tautomers. The author concluded that both amino-  
213 remdesivir: G and imino-remdesivir: C pairs could be quite mutagenic. An experimental work  
214 by Szemiel and colleagues<sup>55</sup> recently demonstrated how serial *in vitro* passages of SARS-  
215 CoV-2<sub>Eng12</sub> in cell culture media supplemented with remdesivir selected for drug-resistant  
216 viral populations. They found that remdesivir triggers the selection of SARS-CoV-2 variant

217 with a E802D mutation in the RNA-dependent RNA polymerase (Nsp12) sufficient to confer  
218 decreased sensitivity to remdesivir without affecting viral fitness. Another mutation I168T  
219 was observed in the Nsp6. The analysis of more than 200,000 sequences also revealed the  
220 occurrence of 22 mutations in the spike including changes at amino acids E484 and N501  
221 corresponding to mutations identified in emerging SARS-CoV-2 variants in the UK  
222 (20I/501Y.V1) and in South Africa (20H/501Y.V2). These results clearly indicate that E484  
223 and N501 mutations can arise *in vitro* in the absence of immune selection, under the sole  
224 selection pressure of remdesivir.

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226 **Could remdesivir and/or convalescent plasma experimental therapy promote the**  
227 **emergence of highly transmissible SARS-CoV-2 variants?**

228 The above results lead to question whether the N501Y-harboring SARS-CoV-2 variants may  
229 have arisen due to remdesivir administration and concurrent or subsequent selection by the  
230 host's immune response and/or the administration of antibodies from convalescent patients'  
231 sera (**Figure 2**). As a matter of fact, several cases have been reported for which emergence of  
232 SARS-CoV-2 variants with mutations within the viral spike was evidenced in  
233 immunocompromized patients with prolonged SARS-CoV-2 infection who had received  
234 remdesivir and/or anti-spike antibodies or convalescent plasma (**Table 1**). The first case  
235 occurred in a 45-year-old man with a severe antiphospholipid syndrome who was recurrently  
236 diagnosed with SARS-CoV-2 during approximately 5 months in Boston, USA<sup>10</sup>. He was  
237 treated with glucocorticoids, cyclophosphamide and eculizimab. This patient received four 5-  
238 day or 10-day courses of remdesivir around days 0, 72, 105 and 151 after first viral detection.  
239 He also received an antibody cocktail targeting the SARS-CoV-2 spike. Sequencing of  
240 sequential samples showed that amino acid changes had occurred within the spike and its  
241 RBD in 57% and 38% of cases, these regions being over-mutated since they represent only

242 13% and 2% of the viral genome, respectively. These changes included substitutions P9L and  
243 Q183H and deletion delta142/144 in the N-terminal domain; substitutions I870V and A1020S  
244 in the C-terminal domain; as well as substitutions N440D, T478K, E484K/A, F486I, Y489H,  
245 Q493K, S494P, and N501Y in the RBD. Strikingly, this latter change that was found from  
246 day 128 until day 152 is the one harbored by SARS-CoV-2 variants that have expanded since  
247 October mostly in the United Kingdom<sup>3</sup>. One non-synonymous mutation occurred in the  
248 envelope and three in the nucleocapsid. A single synonymous mutation was observed in the  
249 RdRp. SARS-CoV-2 in respiratory samples was found to be infectious when tested at days 75  
250 and 143. A second case was in a hypogammaglobulinemia patient who was treated with B cell  
251 depletion and who was followed over 101 days with viral genome sequencing from 23  
252 sequential respiratory samples<sup>11</sup>. This patient received two courses of remdesivir at days 41  
253 and 54 and SARS-CoV-2 convalescent patients' plasma at days 63, 65, and 93. Low-  
254 frequency variant analysis showed the occurrence of spike variant as soon as on day 45, then  
255 of N501Y variant at 33% frequency on day 55, that was no more detected on day 66 when  
256 variants with changes in Nsp2 and RdRp (V157L) occurred. This latter variant was later  
257 replaced after convalescent plasma administration by variants that differed according to the  
258 time point and harbored spike substitutions Y200H, T240I, P330S, D796H, and the  
259 Delta69/70 double deletion found in the 20I/501Y.V1 UK variant. The Delta69/70 single  
260 mutant had two-fold higher infectivity compared to wild type. These findings could possibly  
261 explain why such variants harboring Delta69/70 deletion and N501Y substitution emerged in  
262 countries such as the UK where remdesivir is routinely used for the treatment of hospitalized  
263 SARS-CoV-2 patients with chronic infection. Four other studies reported cases of 31-75-year-  
264 old immunocompromized males with hematological malignancies or agammaglobulinaemia  
265 who experienced viral shedding during between 62 and 268 days and received two to four  
266 cures of remdesivir, as well as one or two administrations of convalescent plasma<sup>56-59</sup>. Three

267 patients also received steroids. SARS-CoV-2 qPCR positivity persisted between 29 and 227  
268 days after first remdesivir administration. Two of these four patients eventually died, at days  
269 74 and 271 after SARS-CoV-2 diagnosis. Viral genome sequencing showed in three of the  
270 patients, who were infected for 62, 71 and 268 days, the occurrence of 1, 7 and 9 amino acid  
271 changes in the spike, respectively. These included a deletion of amino acid Y144 and a  
272 substitution N501T in one patient, and substitutions H69Y/P and V70G in another patient, all  
273 these changes having occurred at spike positions that also harbor mutations in variants  
274 20I/501Y.V1.

275

## 276 **Conclusion**

277 It is urgent to explore why new SARS-CoV-2 variants with spike mutations suddenly arose in  
278 France, the UK, South Africa, or Brazil. One hypothesis is a genetic change due to an  
279 ecological accident such as transmission from humans to another species and then reinfection  
280 of humans, as it is suspected with minks<sup>60-61</sup>. Another hypothesis that could shed light on  
281 these aberrant events involves chronically ill patients treated with experimental therapies at  
282 concentrations that did not allow to eliminate the virus and favored emergence of variants  
283 from the residual viral load. Some immunocompromized patients with persistent SARS-CoV-  
284 2 infection<sup>10,11</sup> were administered remdesivir that possibly increases the frequency of  
285 mutations and have received convalescent plasma or anti-spike antibodies that were reported  
286 to drive the occurrence of spike escape mutations. While waiting to learn more, it is essential  
287 to use experimental therapies with extreme caution and to monitor the possible emergence of  
288 SARS-CoV-2 variants in these patients. Characterization of variants relies on whole-genome  
289 sequencing that has been performed until now only in a minority of SARS-CoV-2 infections<sup>62</sup>  
290 and may be therefore drastically under-reported. An evolution of clinical practices is required  
291 and the promoters of immunotherapy and antiviral therapy trials in COVID-19 patients should

292 imperatively organize the monitoring of SARS-CoV-2 variants by whole-genome sequencing,  
293 in particular for patients who are immunosuppressed.

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298

299 **Author contributions**

300 PC, CD and DR wrote the first draft of the manuscript. DR supervised the work. All co-  
301 authors revised the manuscript and added key content. All co-authors read and approved the  
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308

309 **Competing interests**

310 CD declares a link of interest with Sanofi and Merck pharmaceutical companies. PC and DR  
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## FIGURE LEGENDS

477

478 **Figure 1:** Examples of the emergence of three SARS-CoV-2 spike variants in 2020

479 Number of sequences available from the GISAID database (<https://www.gisaid.org/>).

480

481 **Figure 2:** Possible mechanism of occurrence and selection of SARS-CoV-2 spike variants

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